

## BAYAANKA CAAFIMAAD - CARUURTA

Tallaalka ka hortaga  
hargabka iyo benemokookar  
(pneumokocker)

Buuxi hal bayaan caafimaad calaa qof.  
Khuseysaa caruurta/dhalinyarada ka yar 18 sanno.  
Dadka mas'uulka ka ah ilmaha saxexooda ayaa  
loo baahanyahay.

Taariikhda tallaalka \_\_\_\_\_

Tobanka lambar \_\_\_\_\_

Magac \_\_\_\_\_

- Miyuu ilmahaagu xasaasiyad ka qaadaa ukunta?  Haa  Maya
- Miyuilmahaagu dareen-celin xasaasiyadeed oo aad ah ka qaaday wax kale taas oo lagama maarmaan ka dhigtay in la raadsado daryeelka bukaan?  Haa  Maya
- Miyaa ilmahaagu uu si xoogan uga dareen bixiyay tallaaladi hore?  Haa  Maya
- Miyaa ilmahaagu leeyahay cudurka dhiig baxa ama u nuglaan dhiig-bixid kale, tusaale ahaan daaweynta yareysa dhiig xarkaginta?  Haa  Maya
- Miyaa ilmahaagu leeyahay xanuun muddo dheer jiray, ama ay ka maqantahay unugta xagga sare ee caloosha ku yaalla oo ilaaliya tayada dhiigga?  Haa  Maya
- Haddii haa, ilmahaagu ma leeyahay:
- Cudur sambabada ah oo joogto ah, ay ku jirto xiiqdu  Haa  Maya
- Miisaan dheeraad ah oo xoogan (BMI>40)  Haa  Maya
- Cudur la xidhiidha dareemayaasha muruqyada (tusaale ahaan MS)  Haa  Maya
- Cudur joogto ah oo xididada dhiiga ah (balse aan ahayn oo keliya dhiig kicid korodhsan)  Haa  Maya
- Khatar siyaado u ah infekshanada  Haa  Maya  
(Tusaale ahaan cudur gabaabsiga difaaca jidhka ah, laakiin xitaa xaalado kale sida kansarka ama difaaca jidhka ee otamaatiga ah taas oo cudurka laf ahaantiisa ama daaweyntu ay wadato khatar siyaado u ah infekshanada)
- Calaamad loogu talagalay tallaalka benemokookar (pneumokocker)  Haa  Maya  
(Hoos u dhac shaqada unugta xagga sare ee caloosha ku yaalla oo ilaaliya tayada dhiigga; Hoos u dhac halis ah oo difaaca jidhka ah oo ay sabab u tahay cudur ama daaweyn, tusaale ahaan baddelka xubin jidh, daaweynta cykostatik ama daaweyn u dhiganta >15 mg prednisolon/maalinti, daaweyn kale oo si xoogan u cadaadisa difaaca jidhka ama TNF-joojiye si israac ah ula socata daaweyn kale oo hoos u dhigida difaaca jidhka ah; jirada kalyaha; ku beerida Cochlea; liigida dheecaan maskaxeed; Sistik faybarowsis)
- Shaqayn la'aan joogto ah oo ah beerka- ama keliyaha  Haa  Maya
- Xannuunka kaadi macaanka  Haa  Maya
- Maskaxda/curyaannimo badan  Haa  Maya
- Miyuu ilmahaagu uur leeyahay?  Haa  Maya
- Haddii haa, toddobaadki imisaad ee uurka:
- Anigu waxan oggolahay in ilmahaaga la tallaalo.  Haa  Maya

Saxeexa mas'uulka ilmaha da'diisu 18 sano ka yartahay

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Magaca oo qoran

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