

Medical and dental care for asylum seekers

If you fall ill

Call the health centre if you need care. The doctors and nurses at the health centre can deal with most injuries and illnesses. You will be sent to hospital if necessary. The health centre is open Monday to Friday from 08:00 to 17:00. Call 1177 if you need advice. This service is available 24/7. You will get medical advice from nurses who will tell you what to do. The nurses speak Swedish and English.

If you fall ill during the evening or over the weekend

Some health centres are open during the evening and at weekends. These are called emergency care centres (jourcentraler). The emergency care centres are located in Eksjö, Jönköping and Värnamo. They are open from 17:00 to 22:00 during the evening and from 10:00 to 22:00 at weekends. Call 1177 and you will be put through to the emergency care centre if required.

Serious accidents or illnesses

If you are seriously ill or have been seriously injured in an accident, you can get help at an accident and emergency department. Accident and emergency departments can be found at the hospitals in Eksjö, Jönköping and Värnamo. They are open 24/7. Call the emergency number 112 to call for an ambulance if you or someone else requires immediate emergency care.

If you get a toothache

Call the dentist for emergency dental care. An emergency means when someone has severe toothache, a severe infection or has suffered an accident.

Child or youth asylum seekers

Healthcare

Healthcare is free of charge for children and young people under 20 years of age. Hospital treatment is also free.

Children who have not started school will meet a paediatric nurse and doctor at a child health center.

Children who have started school will meet a school nurse or doctor in school.

Dental care

Children and young people under 18 years of age are entitled to visit a dentist for free.

Adult asylum seekers

Healthcare

From the day you turn 20, you are only entitled to emergency medical and dental care, and care that cannot wait. Emergency care is when you are seriously ill or have been seriously injured in an accident. The person who you seek care from will determine whether your care can wait or not. A visit to a doctor costs SEK 50. A visit to other healthcare personnel costs SEK 25.

Hospital treatment is free.

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Dental care

At the dentist, you are considered to be an adult from the day you turn 18. Adults are only entitled to emergency dental care. This costs SEK 50.

Women's healthcare

Pregnant women should contact the women's healthcare service for help and advice. This service is free.

Right to an interpreter

If you do not understand Swedish, you are entitled to help from an interpreter when you visit a healthcare facility or dentist. This service is free. Please say before your visit if you need an interpreter. The interpreter will keep your condition confidential.

Travelling to a healthcare facility

If you live far from the health center or hospital, you should first try to take a train or bus, or ask someone to give you a lift. If your medical condition means that you are unable to travel by your own means, you can get help with travelling to and from the healthcare facility. The care provider will decide whether you can get help or not. Contact the care provider if you require assistance. Call 112 if you are seriously ill or injured and need emergency care.

Medical examination when you have just arrived in Sweden

You must have a medical examination if you have just arrived in Sweden. This service is free. You will meet a doctor or nurse who will examine the state of your health. Both adults and children must undergo a medical examination.

The doctor or nurse will not tell anyone about the state of your health - only you will know.

LMA card

You should always show your LMA card or asylum receipt when visiting a healthcare facility or dentist.

The card or receipt is your ID, which you must use while you are waiting for a residence permit. If you have received a residence permit, you will keep the LMA card for the time you are enrolled with the Migration Agency.

More information on www.1177.se

- Care in Sweden if you are an asylum seeker, in hiding or undocumented
- Children's self-care advice, other languages

Phone numbers and addresses

On the next page you will find the addresses and phone numbers for the healthcare service you need.

Helpline for children who are alone

- Call 0200-77 88 20
- Open weekdays 15:00 to 18:00
- Languages: English, Dari, Arabic
- The call is free.
- You can remain anonymous.