

When should you contact the Delivery Ward?

- If you are having regular contractions, or if you need to.
- Always if your waters have broken, irrespective of whether labour has started or not.
- If you are bleeding (mucus mixed with blood is normal, and some bleeding happens when the cervix opens).

**Always call the Delivery Ward before you come,
tel. +46 (0)470-58 83 82.**

Remember to bring approved ID, toiletries and a snack for the dad/your partner.

Procedures at the Maternity Ward

- We practise rooming-in, where your child is with you all day long. You yourself (yourselves) look after your child, helped by our staff.
- As long as there is space, the dad/your partner is more than welcome to sleep over with your new baby at a cost of SEK 150 per day.
- Breakfast, lunch and dinner are served in the day room. If the dad/your partner sleeps over, all meals will be included.
- While you are at the Maternity Ward/Delivery Ward, you and your baby can wear your own clothes.
- You cannot use a mobile phone during the delivery. You can use your mobile phone on the Maternity Ward.
- If you want your new baby's siblings or other relatives and friends to come and visit, you can see them outside the ward. Let your visitors know a time and a meeting place and ask them to wait for you there.

- For security reasons we keep the outer doors of the Maternity Ward/Delivery Ward locked. You have to sign out an access card which you use here.

The ward also has a number of beds for gynaecological patients.

You cannot bring flowers into the ward, out of respect for allergy sufferers.

Family Maternity Ward (FamiljeBB)

The Family Maternity Ward (FamiljeBB) is for women who have had a normal birth and a healthy baby who has been breastfed after birth. After the delivery, you remain in the normal ward for about 4-6 hours before going to the Family Maternity Ward. While you are there, the parent(s) is (are) responsible for making the bed and cleaning the room. You can use your mobile phone there.

The baby's siblings are welcome there. Apart from this, each couple can only have two visits, out of respect for the other patients. The Family Maternity Ward has a midwife working there during the day as well as a paediatric nurse 24 hours a day. Visiting times for other relatives are between 9.00 and 21.00.

Going home early

If you and your child are feeling fine, you can normally be discharged from the Maternity Ward/Delivery Ward within 48 hours of the birth. Follow-up visits are made to the Follow-Up Unit at the Family Maternity Ward. If necessary, a paediatric doctor will perform a second medical examination of your baby. It also gives you an opportunity to ask questions about the birth and to get help with breastfeeding. A PKU test is taken when the baby is around 48 hours old. Of course we take into consideration the health of you and your baby, but also your individual wishes.

If your baby needs medical care

Babies who are born prematurely or need medical care straight after birth for any other reason are cared for at the Neonatal Ward. Our Neonatal Ward focuses on the family. The people working there have specialist knowledge of this area. The care period and care provided are determined by the medical condition of your baby. The staff provide the support and guidance that are needed. But it is the parents who are the most important people when caring for the child. As well as the Neonatal Ward, we provide home care and outpatient care to follow up premature babies and sick newborns.

Contact

You can call our breastfeeding hotline,
tel. +46 (0)470-58 84 20 between 14.00 and 15.00 every day.

In the evenings and at nights, you can call the Maternity Ward/Delivery Ward,
tel. +46 (0)470-58 80 08 for advice.

Welcome to Växjö Delivery Ward and Maternity Ward



Having a child is one of the greatest moments of life.

We want parents and newborns to feel well looked after and cared for. We do everything we can to make this moment as positive as possible for you.