



How to get your COVID-19 vaccination if you were born in or before 1956.

You can now register to be vaccinated. You can do this in two different ways:

- Phone your [health centre](#), choose the option “COVID-19 vaccinations” and follow the instructions. The health centre will phone you when it is your turn but this may take a few weeks. If we cannot reach you by phone, we will send you a letter.
- Log into your pages at 1177.se using your e-ID. Search for your health centre and book an appointment yourself online.

It may take a few weeks before you can be vaccinated as this depends on when we get the vaccine. Please be patient. Everyone will be able to be vaccinated. Vaccinations will be given at your health centre.

Be aware of scams

Region Kronoberg will never ask you for your login details or bank details. If anyone contacts you and asks for these details, you should put the phone down and then call the police.

Travelling safely to your vaccination appointment

If you have the dial-a-ride Färdtjänst or are 85 or older and are not otherwise able to get to the health centre, you can use Färdtjänst free of charge. What to do:

- First book your vaccination appointment.
- Then book your taxi/bus on 0470-58 85 60 weekdays 7 a.m. – 7 p.m.
- Transport can be booked no earlier than 14 days before your vaccination appointment and no later than 12 days before your vaccination appointment.

Important information before your COVID-19 vaccination appointment

- The vaccine is given in two doses per person. You will receive the second dose at your second appointment which will be booked when you receive your first vaccine dose.
- If you cannot attend your booked appointment, you will need to re-book or cancel your appointment or you will have to pay for a missed appointment.
- If you have the symptoms of a cold, even mildly, you will need to cancel and book a new vaccination appointment.
- Please arrive close to your booked time to avoid waiting around with other people. Socially distance from others during your appointment.
- It is best to wear clothing on your top half that makes it easy for the person vaccinating you to access your upper arm.
- Keep your ID easily accessible.

For some vaccines you may need to wait for 15 minutes after you have been vaccinated so that staff know you are feeling OK.